

Flakes Specification (FLK-001)

upgrain



Physical & chemical properties:

Product name:	UpGrain Flakes
Internal Article No:	FLK-001
Country of production:	Switzerland (CH)
Best date before:	12 months
Bulk weight:	300 g/L
Portion size:	30 g
Storage conditions:	Cool and dry, protected from light
Conventional variant:	Yes
Organic variant:	Yes, on request.

Nutrients (Big 8):

Calorific value		1'429 kJ	/100 g
Calories		388 kcal	/100 g
Protein (Protein (Nx6.25))		24.7 g	/100 g
Carbohydrates		49.9 g	/100 g
of which sugar		0.6 g	/100 g
of which lactose		<0.00 g	/100 g
Fat		4.4 g	/100 g
of which saturated fatty acids		0.6 g	/100 g
Dietary fibres		10.8 g	/100 g
Common salt	NaCl	0.7 g	/100 g
of which sodium	NA	<0.3 g	/100 g

Allergen information:

Contains:	Gluten
May contain traces of:	Soy (<1000 ppm)

Ingredient list:

Wheat flour, Maize flour, Wheat protein, Barley fiber, salt



High in protein

Product information:

Our UpGrain flakes are ideal for enriching muesli varieties with more protein and fiber. They can be used both in ready-mixes and as an addition to existing mueslis.

With a protein content of 25 % and a fibre content of 11 %, these flakes are a healthy addition to daily meals.



Rich in fibers



Source of iron



GMO Free



Nutritional value per 100g

Energy	1'429 kJ	/100 g
	338 kcal	/100 g
Protein	24.7 g	/100 g
Carbohydrates	49.9 g	/100 g
of which sugar	0.6 g	/100 g
Fat	4.4 g	/100 g
of which saturated fatty acids	0.6 g	/100 g
Dietary fibres	10.8 g	/100 g
Common salt	0.7 g	/100 g